Example Silver Meal Plan: Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Tall Americano Miners Break 3.69	-	Social House at TJ- 1 Swipe	Blueberry Muffin Miner Brew 2.69	Social House at TJ- 1 Swipe	-	Social House at TJ- 1 Swipe
Lunch	Social House at TJ- 1 Swipe	Social House at TJ- 1 Swipe	Roll Combo Chaat House- 1 Swipe	Social House at TJ- 1 Swipe	Burger Combo Burger 573- 1 Swipe	Dragon Fruit Strawberry Lemonade Botrista Drink 5.00	-
Dinner	Pizza Combo Build- 1 Swipe	Social House at TJ- 1 Swipe	-	-	-	-	-
Totals	2 Swipes 3.69 DB	2 Swipes	2 Swipes	1 Swipe 2.69 DB	2 Swipes	\$5.00 DB	1 Swipe

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Week Total: 10 Swipes \$11.38 DB

Example Silver Meal Plan: Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Social House at TJ- 1 Swipe	Breakfast Tacos Sono 3.80	-	Social House at TJ- 1 Swipe	-	-	-
Lunch	Social House at TJ- 1 Swipe	Baharat Chicken Combo Zatar- 1 Swipe	Social House at TJ- 1 Swipe	Baked Pasta Combo Build- 1 Swipe	Social House at TJ- 1 Swipe	-	-
Dinner	-	Social House at TJ- 1 Swipe	-	-	Sub Combo Bishop Ave Subs- 1 Swipe	-	-
Totals	2 Swipes	2 Swipes 3.80 DB	1 Swipe	2 Swipes	2 Swipes	-	-



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Week Total: 9 Swipes \$10.70 DB

Example Silver Meal Plan: Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	-	-	Strawberry Banana Smoothie Einstein's 4.99	-	Breakfast Sandwich Sono 3.80	-	-
Lunch	Social House at TJ- 1 Swipe	Pepperoni Pizza Combo Build- 1 Swipe		Social House at TJ- 1 Swipe	Veggie Burrito Combo Sono- 1 Swipe	-	-
Dinner	Bowl Combo Chaat House- 1 Swipe	Social House at TJ- 1 Swipe	Social House at TJ- 1 Swipe	#1 Original Combo Chick-fil-A- 1 Swipe	Social House at TJ- 1 Swipe	-	-
Totals	2 Swipes	2 Swipes	2 Swipes 4.99 DB	2 Swipes	2 Swipes 3.80 DB	-	-

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